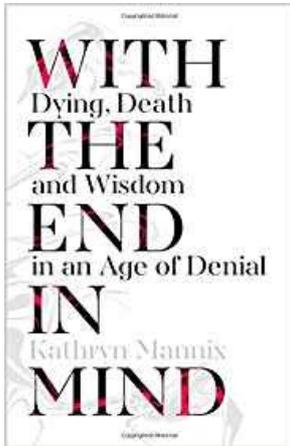


## With The End In Mind



**Kathryn Mannix, the author of this book, is a recently retired, Palliative Care Consultant.**

This is a remarkable book, not only for the stories told, but for the person who tells them. Kathryn has spent the greater part of her professional life working with people who are living with serious and terminal

illnesses. Her experience in Palliative Care and her capacity to be alongside those who are very ill, has brought comfort and reassurance to so many people. Medical expertise, combined with that willingness to listen to the questions, fears and anxieties of patients and their families, is Kathryn's great gift. This book tells the stories of the many who have had the good fortune to be in her care, and in doing so, confronts the ultimate questions of life, death and transcendence.

"Tell me a story" our children ask, and when we do, they become involved, ask questions and wonder what happens next... The impact and truth of storytelling is immense. Such are the stories in this book, written with compassion, sensitivity and honesty about ordinary human beings as they approach death. Kathryn makes a very convincing case for facing the end of life with openness and understanding. As we read these touching stories, we learn about the process of dying but also about "dying well".

Interspersed with these stories, we read about Kathryn's medical career and how her training in Cognitive Behaviour Therapy has given an added dimension to her care of those approaching death—that of helping her patients articulate their deeper needs and questions. **With The End In Mind** is beautifully written and whilst it is a book about dying it is also about living and making the most creative use of the time we have. There are signs that attitudes to death are changing and Kathryn's writing will almost certainly contribute to this. 

Mrs Chris Smith, Brinkburn Partnership

## Diocesan Festival



Diocese of Hexham and Newcastle  
DIOCESAN FESTIVAL 2018

COMING FACE TO FACE WITH CHRIST

**ENCOUNTER**

With talks on the theme of encounter from  
**Magnus MacFarlane-Barrow OBE,**  
**Sr Judith Russi and Sara Bryson**  
Featuring **More Than Dance**

Including activities for families, children and young people.  
Mass, music, marketplace, adoration, cellidh and much more

**Saturday 23 and Sunday 24 June 2018**  
**Emmaus Youth Village, Consett**

£20 per person (inc both days) or £5 for Sunday only. Under 18s free.  
Booking forms available in your parish or on our website [www.rcdhn.org.uk](http://www.rcdhn.org.uk)  
For more information contact [festival@diocesehn.org.uk](mailto:festival@diocesehn.org.uk) / 01207 592244  
Please book by 26 May 2018.

'Don't be afraid of sharing the journey.  
Don't be afraid of sharing hope.'  
(Pope Francis)

## Lent Resources

The Lent resources are available online —and on CD on request. If you need a hard copy of the materials please contact Karen or Nancy in the office and they will arrange to send them to you. (A donation to cover printing and postage is always welcome!)

## Contact Details

**Head of the Department for Spirituality: Kathryn Turner**  
**Administration Officers: Karen Brown & Nancy Gash**  
St Vincent's Offices, St Cuthbert's House, West Road,  
Newcastle-upon-Tyne, NE15 7PY.  
**0191 243 3302 or 0753 0917 219**  
**E-mail: [spirituality@diocesehn.org.uk](mailto:spirituality@diocesehn.org.uk)**



[www.facebook.com/spiritualityHN](http://www.facebook.com/spiritualityHN)



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# Spirituality in Times of Crisis



Bishop John Wilson, Auxillary Bishop of Westminster gave a presentation on Spirituality in Times of Crisis at a recent meeting of diocesan spirituality representatives in London.

He based the moving and sometimes harrowing presentation on his own personal experiences in the last few years. Firstly, with the pupils, colleagues and family of Ann Maguire, the language teacher stabbed to death in Leeds RC Comprehensive by a 14 year old student and witnessed by his classmates. Secondly his walk with the community, schools and parishes in his diocese involved in the Grenfell Tower Fire. And thirdly the death of a 7 year old Catholic pupil killed by his mother prior to her own suicide.

He wove a tender balance juxtaposing the personal horrors and suffering of those directly involved and the many acts of personal and corporate response that brought some comfort to those involved and those wanting to express their profound sorrow and support. He exhorted the Dioceses to open the discussion as to how we might respond locally in the face of a crisis.

## Pastoral Care:

There can be no boundary in these situations between spiritual and pastoral care. Our spiritual care must be pastoral and vice-versa.

## Interdenominational and Interfaith

### Witness:

Besides the unity of voice with other Christian leaders, he walked alongside an Imam and a chief Rabbi. This united voice and witness has been shown to correlate with a decrease in hate crime and increase in bonding in communities.

## We are the professionals offering Sacred Spaces:

The local churches immediately opened their doors 24/7. We are

the 'professionals' who can open the sacred spaces of our churches and organise shrines within the churches and in the streets for flowers, mementos and candles and cards so that people can express and articulate their feeling and support for those hurt and suffering. Ritual and rites become important focus points for all, including funerals, masses, prayer services and adoration. Multi faith prayers for the dead, visual and tactile aids and leaving spaces for silence and stillness were powerful.

Acknowledging anniversaries and support and aftercare are also important. The father of the 7 year old was overwhelmed with the support and help and understanding he received from parishioners and priests who helped him to bury and yet celebrate his sons life.

## The Word:

"Love is Stronger than Death" (Sol 8:6). This bible verse used by a young nun in the aftermath of Ann Maguire's death emerged as a living word for the time that expressed the faith and hope of the many in a seemingly unnecessary and hopeless killing.

## The Press:

In Leeds as acting administrator for the Leeds Diocese, Bishop John was under pressure to put out a press release. He realized that rather than being a source of oppression this could be an opportunity to evangelise and call for prayer.

## The Anguish of the Professionals:

Crisis situations also have a profound effects on the professionals involved too. He spoke of the anguish and exhaustion of the firefighters, police, teachers, doctors, nurses, counsellors, priests and pastors overcome with sorrow for those they were caring for and trying to help. These also will need special support and consideration both spiritual and pastoral.

Bishop John testified to how vulnerable and depressed he felt just having to think about what to

needed to include for the talk. " You could smell Grenfell long before you saw it.... there was a tangible sense of oppression and depression and shock and pain". And yet his faith gave him the perspective of hope too.

## Conclusions ....To the Church in ...

Bishop Wilson was certain of this..."the comfort felt by those affected just knowing that other people out there cared."

Who will help? Could it be you? And if so how? Maybe it will be your prayers of the heart, or your prayerful presence at the shrine, or your listening ear, or your card or letter to a bereaved family, your flowers, your candle, your presence in the open church, your cup of tea with a person in grief that will bring great consolation to someone in a time of crisis.

Now is the time to gently consider how we may be able to share the anguish of the anguished in a crisis situation in our neighbourhood, our partnership, our town. ✝

Ann Webster, Hogarth Partnership

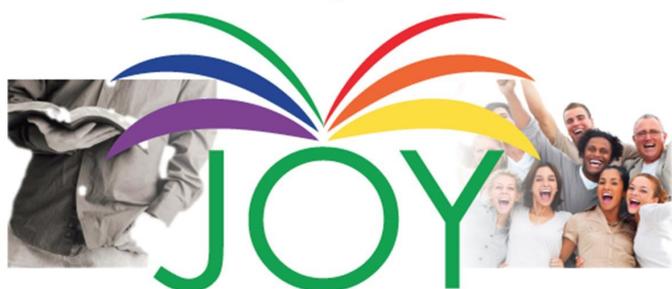
## Pray with the Pope



This month Pope Francis asks us all to pray with him about Formation in Spiritual Discernment. His intention is "that the Church may appreciate the urgency of formation in spiritual discernment, both on the personal and communitarian levels". By "the Church" we mean all of us, not just priests and hierarchies. We need, both as individual Christians and as communities to provide and seek formation in this art. This formation has to be provided.

[www.pathwaystogod.org/resources/ignatian-insight/praying-pope-march](http://www.pathwaystogod.org/resources/ignatian-insight/praying-pope-march)

## Northern Scripture Festival



### the surprise of the Gospel

a day for Christians to experience the Bible afresh through informative and inspiring talks, workshops, and worship

Sponsored by Catholic Dioceses of Northern England, Religious Orders, Bible Charities, and Others

**Saturday**  
**12th May 2018**  
10am – 4.30pm  
All Saints School  
**YORK**

**KEYNOTE** Speaker Fr Eamonn Mulcahy

**WORKSHOPS** include the Bible and ...

- Art • Song • Lectio Divina • Gifts of the Spirit
- Mary • Iconography • Evangelisation
- Post-Resurrection Narratives
- Family Life • Drama

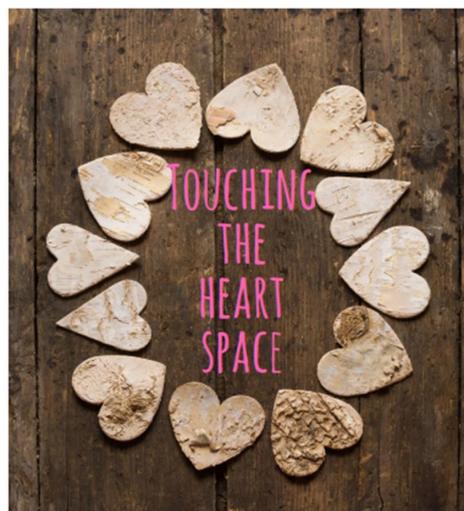
**RESOURCES** include ... Prayer stations

- Word on the Go: the Bible for busy Catholics
- Bookstall • Art displays

only £5 registration fee  
ensure your place by booking early at

[www.scripturefestival.org](http://www.scripturefestival.org)

or get a booking form by sending a stamped addressed envelope to  
Carmelite Communications, More House, Heslington, York, YO10 5DX



LED BY SHEILA MACNAMARA RSCJ WE INVITE YOU TO A

*Restful, Relaxing, Reflective day for women*

COME AND ALLOW YOUR HEART SPACE TO BE TOUCHED  
BY PRAYER, MUSIC, SCRIPTURE, IMAGES AND SILENCE.

17th March 2018 – St Hilda's, Sunderland, SR5 2JD

OR 12th May 2018 – St Mary's, Hexham, NE46 2EB

Cost £15 which includes lunch

Time: 10.00am – 3.30pm

To book contact [adult.formation@diocesehn.org.uk](mailto:adult.formation@diocesehn.org.uk)



DIOCESE OF **Hexham & Newcastle**

## Upcoming Events in the Diocese and Local Centres

### St Antony's Priory

**Saturday 9 & 23 March: 10am - 12.30pm**

**Together in Meditation.** Two separate hours of meditation rooted in the Christian tradition at 10am and 11.30am.

**The Enneagram Friday 16th March, 6.30pm - Sunday 18th March, 4.30pm - Introductory workshop with Veronica Whitty.**

Learn about the three centres on the Enneagram: Heart, Head and Instinctual and the nine spaces within them. There will be large and small group work, pair work and individual work with specially-tailored practices to help you decide. Cost £100 non-residential, £170 residential.

For further information or to book  
please contact Paul Golightly  
0191 384 3747  
[info@stantonypriory.co.uk](mailto:info@stantonypriory.co.uk)

### Minsteracres

**Quiet Day of Reflection during Lent 7 March, Kathryn Turner, 14 March, Sr Anne McCarthy & 21 March, Sr Sheila McNamara, 10.00am – 4.00pm**

An opportunity to step aside during the season of Lent, listen to God in scripture and enjoy the peace and tranquillity of the countryside. Lunch will be provided.

**Saturday 10th March  
Love and Suffering, 10am - 4pm,  
led by Karen Kilby**

Grace, love and joy are at the absolute centre of the Gospel, and of the Christian life. And yet we live in a world drenched in suffering. How do the two things go together? How do we think about them together, and how do we live them together? The day will combine theological input, conversation, and time for prayer and quiet reflection.

For further information or to book  
please contact Minsteracres Retreat Centre  
01434 673248  
[info@minsteracres.org](mailto:info@minsteracres.org)

### Centre for Prayer and Mission

**Exploring Scripture  
Mondays 1.30pm-3.30pm**

For those who wish to go deeper in understanding the Word of God. We are half way through Women of the Gospels which is different to anything we have heard before and is proving both popular and challenging.

**On-going Formation  
Tuesdays 1.00pm-3.00pm**

**Reverting to 7pm–9pm when the clocks go forward**

Following Jesus then and now as Disciples.

**Icon Workshop/Retreats**

There will be two workshops this year – (28th May–1st June) which will be a 5 day event led by Catherine Ferguson, and the second in July led by Sister Annette, date to be confirmed.

For further information or to book  
please contact Sr Michael on  
0191 5813249  
[marymichael.lee7@googlemail.com](mailto:marymichael.lee7@googlemail.com)